

**THE PRIDE CHILDREN'S CENTRE - 0151 443 3257**

	MON	TUES	WED	THURS	FRI
A M	English (Entry Level) 9.30am - 11.30am	Little Explorers (D) 11.00am - 12.00pm	Managing Minor Illness In your child (B) 9:30am - 10:30am 25/04/18 20/06/18	Little Adventurers (D) 9.30am - 11.00am	
P M		Baby Massage (B) 1.30pm - 2.30pm	Baby Explorers (D) 1.30pm - 2.30pm	Bosom Buddies 1.00pm - 3.00pm	Little Adventurers (D) 1.30pm - 3.00pm

**THE STAR CHILDREN'S CENTRE - 0151 443 5666**

	MON	TUES	WED	THURS	FRI
A M		Little Adventurers (D) 9.30am - 11.00am	Baby Explorers (D) 9.30am - 10.30am & 11.00am - 12.00pm	Stay & Play (C) 9.30am - 11.00am	Baby Massage (B) 10:00am - 11:00am Crocheting Course (Level 1) 10.00am - 12.00pm
P M	Getting to Know your Baby (D) 1.30pm - 2.30pm	Little Explorers (D) 1.30pm - 2.30pm Baby Club First Tuesday of every month 5:00pm - 7:00pm		Cake Decorating Course (Level 1) 12.00pm - 3.00pm	

**THE EDEN CHILDREN'S CENTRE 0151 443 5666**

	MON	TUES	WED	THURS	FRI
A M			Little Adventures (D) 09:30am - 10:30am	Baby Massage (B) 9:30am - 10:30am	Smiley Days (I) 9:30am - 10:30am

**SOUTHMEAD CHILDREN'S CENTRE - 0151 443 4531**

	MON	TUES	WED	THURS	FRI
A M	Managing Minor Illness In your child (B) 9:30am - 10:30am 02/07/18 12/05/18				
P M	Baby Massage (B) 9.30am - 10.30am	Baby Explorers (D) 1:00pm - 2:00pm	Little Adventurers (D) 1.00pm - 2.30pm Maths & English 1.00pm - 4.00pm		

**COMMUNITY VENUES**

	MON	TUES	WED	THURS	FRI
A M		Bosom Buddies 11.00am - 1.00pm (Tesco, Prescot)		Baby Explorers (D) 9.30am - 10.30am & 11.00am - 12.00pm Tesco, Prescot	Infant Feeding Clinic 10.00am - 12.00pm Whiston Hospital
P M		Baby Club 1.00pm - 3.00pm Whiston Resource Centre Baby Massage (B) 2.00pm - 3.00pm Tesco, Prescot Breastfeeding Workshop 5.30pm - 7.00pm St Chad's Health Centre (Last Tues of the month)		Little Explorers (D) 1.30pm - 2.30pm Tesco, Prescot Baby Club 1.00pm - 3.00pm Prescot Resource Centre Baby Club 1.00pm - 2.45pm St. Chad's Health Centre	Baby Club 1.00pm - 2.30pm Tower Hill Clinic

**Please Note**

We now have a new key colour for our activities & below is what the colours mean:

- Red - (B) Need to book a place**
- Blue - (D) Drop in**
- Green - Adult Education Courses**
- Purple - (C) Community Led**
- Black - Health Led Sessions**
- Orange - Invite Only**

**Invitation only Early Years time limited activities.**

All children and adults learn and develop differently, occasionally some facilities benefit from an activity with limited numbers in attendance, the following activities offer this opportunity.

**Baby Explorers** - a 6 week course for babies aged 0 - 12 months of age focusing on aspects of child development including: personal, social and emotional development, physical development, communication & literacy, maths.

**Little Explorers** - a 6 week course for babies aged 12 - 24 months of age focusing on aspects of child development including: personal, social and emotional development, physical development, communication & literacy, maths.

**Chatterbox** - An early years course to support pre-school children aged 2 - 3 years with their speech and language development

**Smiley Days** - A programme for parents/carers of children following a referral to the Child Development Team. The programme is co-facilitated by a Speech & Language Therapist, Portage Early Support Practitioner, Paediatric Physiotherapy Assistant Practitioner and a Family & Child Development Practitioner. Invitation only programme.

*If you feel you and your family would benefit from accessing one of the above activities please contact your local Children's Centre and speak to a Family and Child Development Practitioner. Alternatively you and your family can attend the drop in sessions as advertised on the timetable.*

**M.A.T.C.H  
(Men and their Children)**

A Community Led Stay and Play Session for Dads, Grandads, Uncles and all male carers to come along with their children aged 0 - 5 years. This session takes place every **Saturday 10.00-11.30am at Tesco Community Space, Cables Retail Park, Prescot**

**Adult Education:**

A wide range of Adult Education courses take place within all Children's Centres across Knowsley—if you would like any further information about courses available and how to book on please contact a member of Knowsley's FACE team 0151 443 2026 or have a look at the course booklet online <http://www.knowsleyface.org.uk/>

**NORTHWOOD CHILDREN'S CENTRE - 0151 443 5442**

	MON	TUES	WED	THURS	FRI
A M & P M		English (Level 2) 9.30am - 11.30am  Maths (Level 2) 11.00am - 12.30pm	Mentoring (Level 2) 9.30am - 12.00pm		Maths (Level 2) 1.00pm - 3.00pm



**Monday 12pm - 2pm St Andrews Church**  
3 St Andrews View, Kirkby, L33 1ZF

**Tuesday 11am - 2pm The Pride Children's Centre**  
There will also be someone available to offer debt advice.

**Wednesday 11.30am - 2pm Salvation Army Prescot,**  
Warrington Road, Prescot, L35 2UA

**Friday 11am - 2.30pm Changing Lives,**  
101 - 105a Cherryfield Drive, Kirkby, L32 8SA

Contact the foodbank: 0151 546 0470 or 07731789794  
Email: [info@knowsley.foodbank.org.uk](mailto:info@knowsley.foodbank.org.uk)  
Website: [www.knowsley.foodbank.org.uk](http://www.knowsley.foodbank.org.uk)

Like us on Kirkby Children's Centres

Like us on Whiston Area Children's Centres

Follow us on @KirkbyCCentres1

Follow us on @WhistonCC

Follow us on @kirkbychildrenscentres

**Drop in Sessions:**

**Baby Explorers** – for babies aged 0 – 12 months of age. Activities for you and your baby including sensory play, song time and more.

**Little Explorers** – for children age 12 – 24months of age. Activities for you and your child including sensory play, parachute games, song time and more.

**Little Adventurers** - Fun filled sessions where you and your children can meet other families in a warm & welcoming environment and engage in quality play time. You will also be provided with activity ideas you can take home with you to do with your child.

*In all our drop in sessions we have 'Circle Time' at the beginning of each session to welcome all children and sing 'Hello' - could*

**Bookable sessions:**

**Baby Massage** - this is a 5 week course for infants aged 4 weeks - 6 months. The course promotes bonding and helps reduce difficulties such as wind, colic, constipation and Irregular sleeping patterns.

**Getting to know your baby** - Helping identify ways to comfort baby while learning how they will develop, learn and grow.

**Health Sessions:**

**Baby Club** - Parents/carers can bring their babies to be weighed and measured as well as speak to a Health Visitor or Child Health Nurse about your baby.

**Bosom Buddies** - A session for ante-natal and post natal parents to receive information and support. Siblings are welcome to.

**Managing Minor Illness in your child** - come along to a warm and friendly 2 hour session with a Health Visitor and Children's Centre Practitioner. To book a place please contact one of your children's centres to book a place.

**Parenting Courses:**

**Understanding your child's behaviour** – a 10 week course for parents with children 0 – 5 years of age with a focus on your children's feelings, children's development, responding to your child's needs, play, managing temper tantrums, relationships, positive communication and more. Limited crèche available – to book your place please contact one of our Children's Centres.

**Parenting workshops** – one off - workshops covering different themes including; behaviour management, toileting, school readiness, and Supporting children with Special Education Needs. Workshops will be delivered every half term in partnership with Children's Centres and Health Practitioners. Workshops are bookable only; please contact one of our centres to book your place.

# Knowsley Children's Centres

**“Supporting Children and Families to Reach their Full Potential”**

**Kirkby, Whiston & Prescot**



**TIMETABLE**  
**16th April 2018**  
**to 20th July 2018**

- The Pride Children's Centre**  
2 Simonswood Lane, Northwood, Kirkby, L33 5YP  
0151 443 3257
- The Star Children's Centre**  
St. Andrew's View, Tower Hill, Kirkby, L33 1ZF  
0151 443 5666
- Southmead Children's Centre**  
Sherwood Drive, Whiston, L35 3XZ  
0151 443 4531
- Northwood Children's Centre**  
Roughwood Drive, Northwood, Kirkby, L33 8XD  
0151 443 5442
- The Eden Children's Centre**  
Milverley Road, Westvale, Kirkby, L32 0RQ  
0151 443 5666
- Tesco Community Space**  
Cables Retail Park, Steeley Way, Prescot L34 5NQ

[www.knowsleychildrenscentres.co.uk](http://www.knowsleychildrenscentres.co.uk)

